

Parent Tip

Walking Songs to Keep Them Moving Along



Keep a few simple songs in your back pocket. When the last bit of a walk or hike seem too much for little legs, a walking song can rejuvenate. Songs with actions can encourage everyone to be a bit silly and turn whining into giggles. Modify the songs to suit your family and situation. Use the actions to keep the children moving along. You'll soon reach your destination with everyone in a better mood.

If you get tired of singing you can always invent crazy ways to walk. Try guessing how many steps to the next landmark, a tree, rock, bend in the trail, for example - then count your steps. If all else fails, you can always play the complaining game. Everyone tries to out complain the others with their best whiny voices and outrageous statements like - *I'm soooooo thirsty I could drink a entire glass of water as tall as the CN Tower.*

A Birdy Way

To tune of "Here we go round the Mulberry Bush"

This is the way we scratch for worms, scratch for worms,
scratch for worms.

This is the way we scratch for worms so early in the morning.

This is the way we peck our food, peck our food, peck our food.

This is the way we peck our food so early in the morning.

This is the way we sit on our eggs, sit on our eggs, sit on our eggs.

This is the way we sit on our eggs so early in the morning.

This is the way we flap our wings, flap our wings, flap our wings.

This is the way we flap our wings so early in the morning.

This is the way we fly away, fly away, fly away.

This is the way we fly away so early in the morning.

(Add more bird behaviors you have observed)

Blackbirds Sitting on a Hill

chant

Many Little Blackbirds sitting on a hill, (*bob up and down*)

Some named Jack (*some jump up*)

Some named Jill (*rest jump up*)

Fly away Jack (*some flap their wings and fly ahead a safe distance*)

Fly away Jill (*the rest flap and fly ahead*)

Come back Jack (*some return to you*)

Come back Jill (*rest return to you*)

OR

Rest there Jack (*stop and rest while you catch up*)

Rest there Jill (*same*)

Six Little Ducks

traditional song

(You are never too tired to wobble wobble)

Six little ducks that I once knew
Fast ones, skinny ones, fair ones too.
But the one little duck with the feather on his back,
He led the others with his Quack, quack, quack.
Quack, quack quack-quack, quack, quack
He led the others with his quack, quack, quack.

Down to the river they would go.
Wobble wobble, wobble wobble to and fro.
But the one little duck with the feather on his back,
He led the others with his quack, quack, quack.
Quack, quack quack-quack, quack, quack
He led the others with his quack, quack, quack.

Home from the river they would come.
Wobble wobble, wobble wobble, ho-hum-hum.
But the one little duck with the feather on his back,
He led the others with his Quack, quack, quack.
Quack, quack quack-quack, quack, quack
He led the others with his quack, quack, quack.

Repeat the first verse

Robin in the Rain

Traditional song

Robin in the rain
What a saucy fellow
Robin in the rain
Mind your socks of yellow
Running in the garden on your nimble feet
Digging for your dinner with your long strong beak

Robin in the rain
You don't mind the weather
Showers always make you gay
But the worms are wishing you would stay at home
Robin on a rainy day
Robin in the rain
Robin in the rain

Robin in the rain
What a saucy fellow
Robin in the rain
Mind your socks of yellow
Running in the garden on your nimble feet
Digging for your dinner with your long strong beak
Robin on a rainy day