

# Frozen Treat for Winter Birds

All Ages

This little activity is so rewarding! Start with a walk to collect fallen twigs and bits of evergreens. Follow the steps below to make a 'popsicle' treat for the birds. Go on another outing to hang up your treat for the birds to enjoy. Collect more twigs, greens and repeat the project!



## Supplies:

- \* A paper or plastic cup
- \* 60 cm of twine, string or yarn
- \* Handful of found twigs and evergreen bits
- \* 1 cup or so of bird seed, as many varieties as you have on hand (avoid corn – wet corn is not safe for birds to eat)
- \* 1/4 cup or so of nuts (free of salt and sugar-coating)
- \* 1/2 cup or so of fruit – dried and or fresh, chopped
- \* Water

## Procedure:

1. Place the twine in the cup so there is some excess in the bottom of the cup. Leave a enough twine hanging out of the cup for tying up finished treat outside.
2. Loosely fill the cup with the twigs and greens. This will help hold the twine in place. Be sure some twigs stick out above the cup's rim for the birds to sit on.
3. Mix the seeds, nuts and fruit together. Spoon or pour the mix into the cup. Pack in as much as you can. Tap the sides and thump the bottom to make sure all the space around the greens is filled with the mixture. (Remember to keep one end of the string free.)
4. Gently fill with water just to, but not completely over, the top of the seeds. Leave some seeds exposed for the birds to start with.
5. Freeze the treat until it is solid all the way through.
6. Slip the frozen treat out of the cup and hang it outdoors in a safe place for the birds.
7. Enjoy watching the birds appreciate the treat!



**Tip:** Use a shallow container, such as a cake pan, for a pretty effect. Have lots of twigs and greens sticking out for perches. Be sure both ends of the twine are free for hanging this treat outside. Watch [Frozen Treat for Birds](#) video for more details.

