

Snow Treats

All Ages

A fresh snowfall is exciting. There are so many things you can do with snow, build a snow fort, make snow art or go sledding, but making snow treats is the tastiest!

Snow Ice Cream

A delicious scoop of nature topped with sprinkles; snow ice cream is a special delicacy that everyone should try.

Ingredients:

- * 8 cups freshly-fallen, clean snow—See note below
- * 10 oz. sweetened condensed milk
(or 1 cup milk, cream or nut milk, and 1/3 cup sugar)
- * 1 tsp. vanilla extract
- * Sprinkles, lots of sprinkles

Directions:

- 1: In a large bowl, whisk together milk and vanilla until combined.
- 2: Stir some snow into the milk mixture, keep adding snow until it is a creamy consistency, fluffy and scoop-able, not runny. It melts quickly, so dish it up right away. Serve with sprinkles or your favorite toppings. You can store the ice cream, airtight, in the freezer.



Maple Snow Taffy

Speaking of delicacies, how about a traditional treat—maple taffy? Pure maple syrup, snow, and adult supervision (because the syrup is hot) is all you need.



Ingredients:

- * 1 cup pure Maple Syrup (table syrup will not work)
- * Fresh, clean snow in a large flat pan or tray up, off the ground
- * Sauce pan, candy thermometer, a large spoon or ladle
- * Sturdy, food-safe wooden sticks (optional)

1. Collect fresh, white snow in a pan, keep it frozen (outside or in the freezer) until the syrup is ready.
2. Bring the syrup to a boil over medium-high heat. Stir and boil until the syrup reaches 220-230°C or soft ball stage.
3. Because it is very hot, carefully ladle the maple syrup onto

the snow. While still warm, roll or wrap the taffy around the end of a wooden stick. It will harden quickly. Or let it cool and eat the pieces like hard candy. Try packing the snow tightly and carve little shapes or designs to pour the syrup into. You can bring the snow indoors, but taffy tastes so much better outside!

Is snow safe to eat? Snow is distilled water, frozen high in the atmosphere, and is purer than most tap water. The biggest concern for snow safety is how and where you collect the snow. Use only freshly fallen, lily-white snow. Scoop up the fresh snow or, better still, collect falling snow in large, clean containers. Avoid snow which is coloured in any way, is touching pavement or ground, or is near busy streets.

